A warm welcome is extended to all new and returning international students to Grenfell Campus. We hope that winter 2014 will be an opportunity for you to share your culture and embrace the diversity that Grenfell Campus offers. During the next couple of months we hope to orient you to your new home through events and activities, allowing you the opportunity to take in Corner Brook. You are encouraged to participate in as many campus activities as possible, as well as to get involved in the Corner Brook community at large.

We wish you good luck in your academics this semester and we look forward to a great semester.

International students at Grenfell Campus are pleased to announce that they have officially been ratified by the Grenfell Campus Student Union as the International Student Association (ISA) Caucus. Look out for events, activities and meeting times if you would like to attend.
Tell us about what degree you pursued at Grenfell and when did you complete your studies?
At Grenfell, I did a B.Sc. in environmental science. I graduated in May 2011.

Did you enjoy coming to Corner Brook, NL? What did you think of the scenery and the weather?
I got into Corner Brook for the first time at night. What I remember seeing on my way in were just pine trees and snow. I remember being a bit worried at what Corner Brook might actually look like, or if it would have enough modern amenities. But Corner Brook turned out to be a beautiful city with a small town feel and lots of nature.

What was your first impression of Grenfell Campus?
I thought Grenfell was quite interesting; the way every department was linked. You could easily walk from the arts and science building to the theater department, each having its own unique feel.

What were some of your favourite places to visit while here?
I enjoyed hiking at Cedar Cove; Jennifer’s, Brewed Awakening and the KFC on West Street were great places for food and during weekends at night, Dooly’s and Nite Sounds.

What were some fond memories you have of Grenfell?
My time spent with other internationals was fun. I remember the conversations we would have about our home countries, having Zimbabwean, Belizean and Malaysian food. I also have fond memories about reading events like April Rabbit that included aspiring writers and musicians.
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What are you doing now? Are you still in school or working in your field?
I just completed a six-month graduate trainee position at a pipeline construction firm in Nigeria. I’m currently preparing to start my master’s at Dalhousie in resource and environmental management.

We have heard that you recently published a book, can you tell us a little about that and the inspiration behind it?
I published an e-version of my book. A top publishing firm is considering publishing it in hard copy form. My book titled "Resemblance" is about a young woman trying to find help for her father’s dementia. It’s inspired by my experience as a student and worker in Canada, where I began to question the extent of which the country could be home or if this was even possible.

Grenfell Campus has been steadily growing over the past years. With the international student population over 60 students from over 25 different countries, what are your impressions of this recent increase?
The growth has been astounding. I’m usually so eager to show off pictures of newer buildings at Grenfell to people around me. I’m almost an eager salesman for Grenfell. The more international students the campus gets, the better. There’s more diversity and fun.

What would you say to new international students attending Grenfell? Do you have any advice or tips for them?
At times, the campus might seem a little lonely and far off from what you’re used to, but Grenfell offers quite a lot for free. So take advantage and join groups, partake in events, volunteer and don’t be afraid to approach other students.

To read an excerpt from Afolabi’s book check out: http://brittlepaper.com/2013/07/resemblance-afolabi-opanubi-excerpt/

Stay tuned! The Ferriss Hodgett Library is currently looking into how we can purchase a copy of this book for our collection.
In celebration of Black History Month

Black History Month, also known as African-American History Month in America, is an annual observance in the United States, Canada, and the United Kingdom for remembrance of important peoples and events in the history of the African diaspora. It is celebrated annually in the United States and Canada in February and the United Kingdom in October.

Happening in February:

**Movie Night: The Butler**

**Wednesday, Feb. 12**

**AS 2026 @ 7PM**

BYOM (Bring Your Own Mug)

Snacks Provided

Unveiling Ceremony: **International Student Association Tribute to Lanier Phillips, doctor of laws**

**Thursday, Feb. 27**

**A&S Atrium @ 3:30PM**

All are welcomed to attend!

Born in Lithonia, Georgia, Lanier Phillips was shipwrecked off the coast of St. Lawrence, NL in 1942. Rescued and cared for by the people of St. Lawrence, Mr. Phillips found a home away from home. He saw that a black man was seen as an equal in the eye of the white people that helped care for him.

After recovery he returned to the United States and began his fight against racial discriminations. He became the first black Navy sonar technician in 1957. In 1961 he retired from the Navy and worked with Jacques Cousteau on the ALVIN deep-water submersible team. In May 2008 he was conferred a doctor of laws degree by Memorial University of Newfoundland for his fight to end discrimination.

It is with great honour that we celebrate the life of Dr. Lanier Phillips.

### Quick and easy student recipes

#### Classic Macaroni and Cheese
- 1 package of macaroni
- 1 pound of sharp cheddar cheese
- 1 tablespoon of butter
- Salt and pepper to taste
- 1 can of evaporated milk (12 oz)

**Directions**
- Preheat oven to 375 degrees
- Bring a large pot of lightly salted water to a boil, add pasta and cook for 8-10 mins; drain
- Grease casserole dish. Place macaroni on the bottom of the dish, followed by an even layer of cheese. Dot with butter and season with salt and pepper. Repeat layering three times. Pour evaporated milk evenly over the top of all.
- Bake covered for one hour or until top is golden brown.


#### Salsa Chicken
- Skinless boneless chicken breast
- 4 teaspoons of taco seasoning mix
- 1 cup salsa
- 1 cup shredded cheddar cheese
- 2 tablespoons of sour cream

**Directions**
- Preheat oven to 375 degrees
- Place chicken breast in a lightly grease 9x13 inch baking dish. Sprinkle taco seasoning on both sides of the chicken breast, and pour salsa over all.
- Back at 375 for 25-35 mins or until chicken is tender and juicy and its juices run clear.
- Sprinkle chicken evenly with cheese, and continue baking for an additional 3-5 mins or until cheese is melted and bubbly. Top with sour cream if desired, and serve.

Happenings on campus

Discussion group - International Student Association meeting
Friday, Feb. 7
AS 2011 @ 4PM
BYOM (Bring Your Own Mug)
Snacks Provided

Random Events Night
Saturday, Feb. 15
AS 2011 @ 7PM
BYOM (Bring Your Own Mug)
Snacks Provided

Discussion Group—Banking in Canada
Friday, Feb. 14
AS 2011 @ 4PM
BYOM (Bring Your Own Mug)
Snacks Provided

Activity Centre

New Year’s Word Search Puzzle

BEGINNING  REFLECTION
CALENDAR  RESOLUTION
CARDS  RIBBON
CELEBRATION  SNOW
COLD  TOAST
CONFETTI  WINE
END
FIREWORKS
GLASSES
GREETINGS
IN
MIDNIGHT
NEW
OLD
OUT

http://www.print-ables.com/wordsearch/newyears4.jpg
Feb. 21, 7 p.m.
Opening ceremonies - Party in the Park

Margaret Bowater Park, O’Connell Dr. Come celebrate Carnival’s Night of Music and Magic. Join in the excitement as Leif the Lucky emerges from his hut to begin the 10 days of Carnival 2014. Come enjoy the outdoor entertainment, fireworks, giveaways, and snacks provided free of charge. Enter to win the prizes hidden in Leif’s Treasure Chest - must be in attendance to win. Sponsored by the City of Corner Brook, Platinum Sponsor of Corner Brook Winter Carnival.

Feb. 22, 10 a.m. to 3 p.m..
7th Annual Winter Carnival Craft Fair

The Pepsi Centre, Main Box office entrance. Come out to the Finest of Craft Fairs, The Winter Carnival Craft Show. Over 40 booths with beautiful displays of Hand Crafts and Samples to try. Bring the kids for free treats and a scavenger hunt while you shop. Want something to do on a Saturday during Carnival for adults and kids and come out and support our west coast crafters. Admission is just a Toonie, Kids are free. Enter to win a Gift basket full of great treats too! Hope to see you there. For more information please call Janalee Perrett 686-5591.

Feb. 26, 5:30 p.m.
Traditional Jiggs Dinner

The Salvation Army Temple – O’Connell Drive. Join us for a traditional jiggs dinner including Peas pudding, dessert, tea/coffee. Cost is $12.00 per person. For tickets call Joan 634-3465 or Corps office at 634-5398.

March 1, 8 p.m.
Old Fashion Kitchen Party

Royal Canadian Legion, West Street. Cost $5 per person. Come out and enjoy some good old Newfoundland music and join in the silent and live auction. For tickets call 634-3695; tickets can also be purchased at the door. Sponsored by the Humber East PC Association.

Check out the website for more events and details:
http://cornerbrookwintercarnival.ca/
International Students snowshoe event at Pasadena Ski and Nature Park, Saturday, Jan. 25.